

THE CHILDREN'S ADVOCATES ROUNDTABLE

Let's Get Healthy California Task Force
November 15, 2012

Patricia E. Powers, MPA
Director
Let's Get Healthy California Task Force



1
Let's Get Healthy California Task Force



Overview

- I. Introduction
- II. Background
- III. Framework
- IV. Priorities and Indicators
- V. Catalysts for Change



I. Introduction



Opportunities and Challenges in California



- Chronic conditions and an aging population



- Transformation in health care delivery



- Significant health disparities



- The Affordable Care Act



- Health care costs and the state fiscal challenges



II. Background



Executive Order B-19-12

- Prepare a 10-year plan that will:
 - Improve the health of Californians
 - Control health care costs
 - Promote personal responsibility for health
 - Advance health equity
 - Not involve additional government spending
- Key Plan Components
 - Establish baselines for key health indicators and standards for measuring improvement over a 10-year period
 - Seek to reduce diabetes, asthma, childhood obesity, hypertension, sepsis-related mortality, hospital readmissions within 30-days of discharge, and increase the number of children receiving recommended vaccinations by age three
 - Identify obstacles for better health care

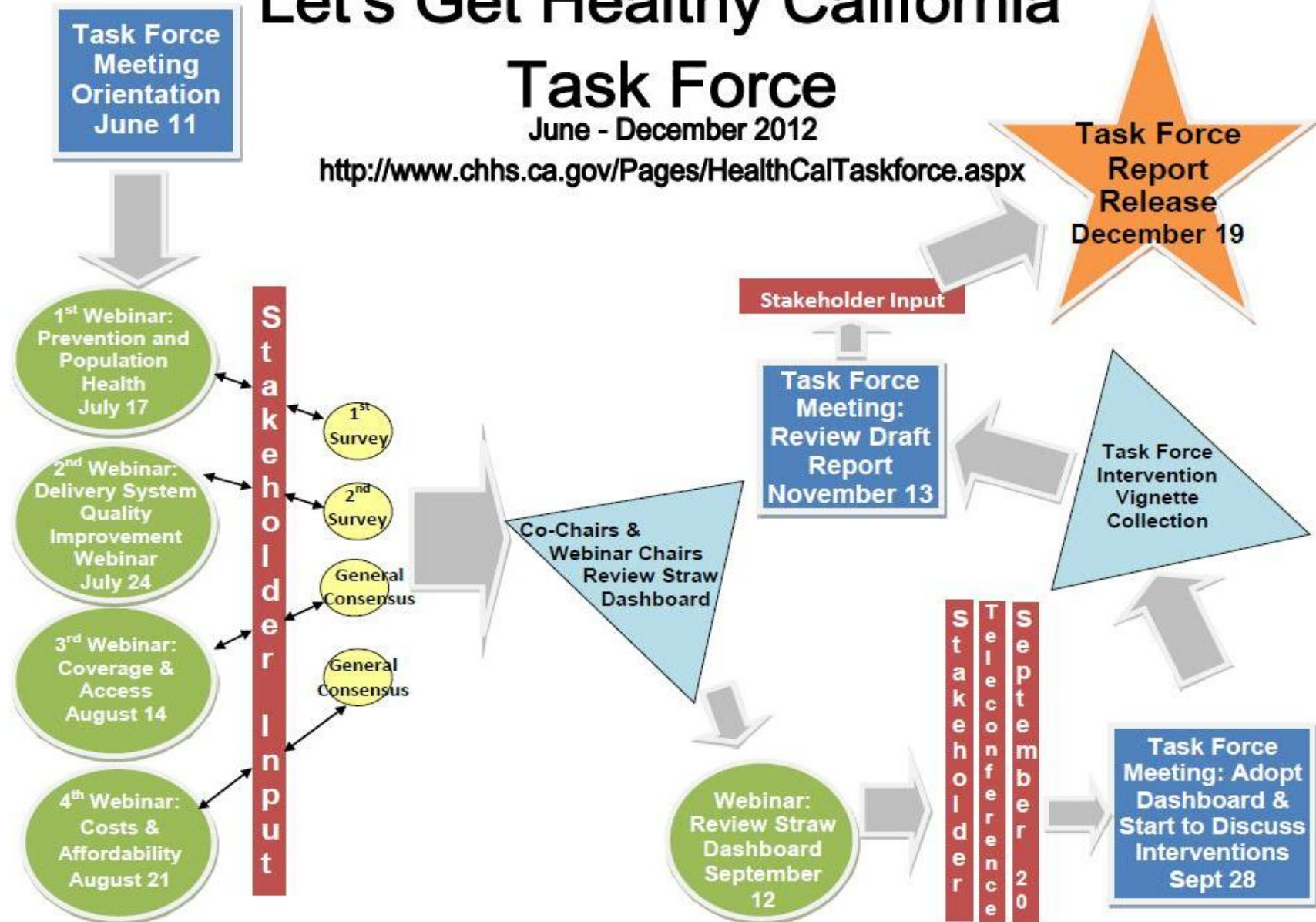


Let's Get Healthy California

Task Force

June - December 2012

<http://www.chhs.ca.gov/Pages/HealthCaTaskforce.aspx>



The Charge

*“What will it take for California
to be the healthiest state
in the nation?”*

Diana Dooley, Secretary
California Health and Human Services Agency
June 11, 2012



The Charge, cont.

“What will it look like if California is the healthiest state in the nation?”



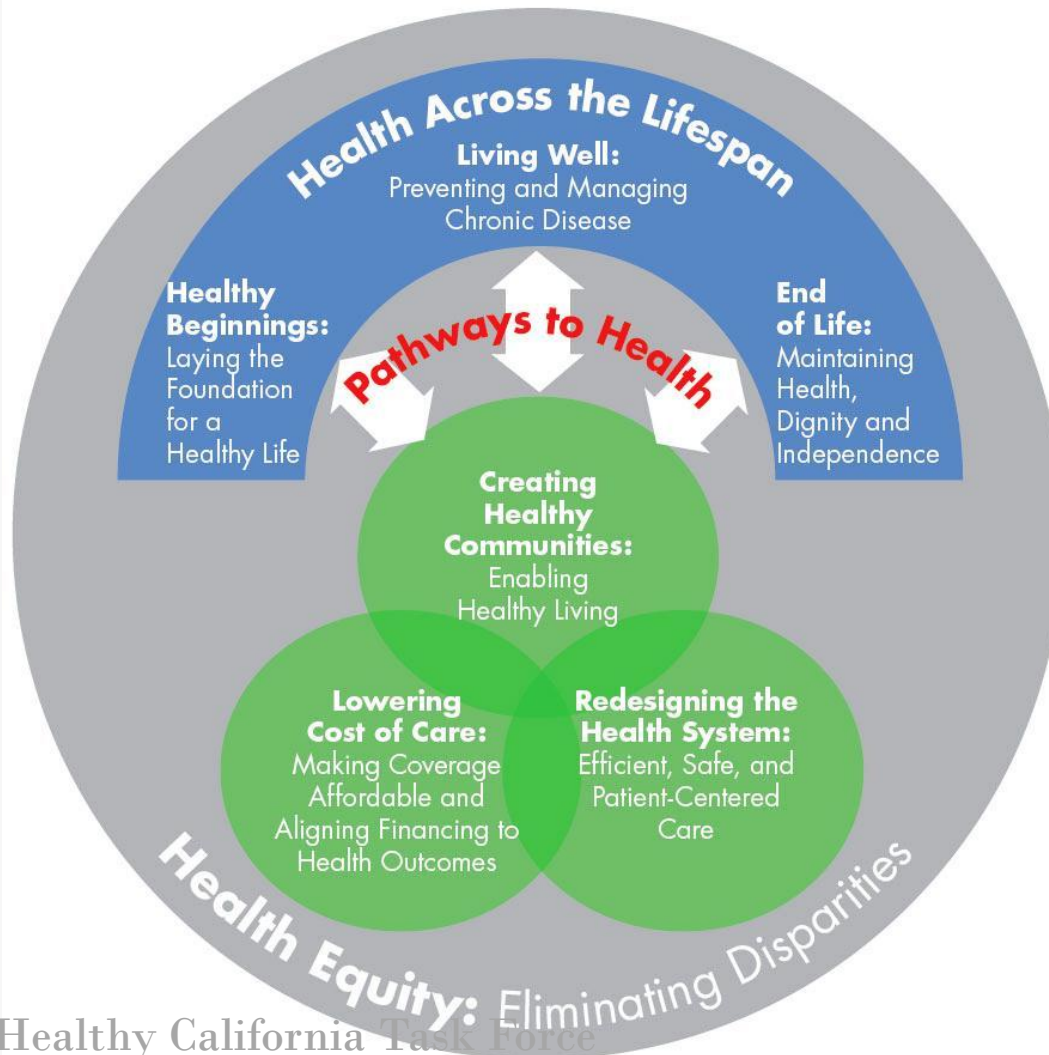
III. Framework



Let's Get Healthy California Task Force Framework

The Triple Aim:

Better Health • Better Care • Lower Costs



Health Equity: Eliminating Disparities





IV. Priorities and Indicators



1. Healthy Beginnings

Laying the Foundation for a Healthy Life

Priority	Indicator
↓ Infant deaths	1. Mortality rates
↑ Vaccinations	2. Doses of vaccines for children 19-35 months
↓ Childhood trauma	3. Adverse Childhood Experiences score 4. Nonfatal child maltreatment
↑ Proficient reading skills	5. Proportion of 3 rd graders who read at or above proficiency level
↓ Childhood asthma	6. Emergency Department visit rates for asthma
↑ Childhood fitness and healthy diets	7. Physical fitness assessments of children 8. Adolescents who meet physical activity guidelines 9. Soda and sugary sweetened beverage consumption
↓ Childhood obesity and diabetes	10. Obesity rates for children and adolescents <i>Indicator Development Needed: Diabetes rates for adolescents</i>
↓ Adolescent tobacco use	11. Smoking rates
↑ Mental health and well-being	12. Frequency of feeling sad within last 12 months





1. Healthy Beginnings: Laying the Foundation for A Healthy Life



Infant Mortality

(1) Deaths per 1,000 live births

- California Baseline: 4.7
- 2022 California Target: 4.1
- National Baseline: 6.75
- National Target: Not Available
- Race/Ethnic Disparities: White/Asian: 4.1, African American: 10.6



Childhood Immunization

(2) All Doses of Recommended Vaccines for Children 19-35 months



- California Baseline: 68%
- 2022 California Target: 80%
- National Baseline: 70%
- National Target: 80%
- Race/Ethnic Disparities: Not Available



Childhood Trauma

(3) Respondents indicating at least 1 type of Adverse Childhood Experience

- California Baseline: 59%
- 2022 California Target: 45%
- National Baseline: Not Available
- National Target: Not Available
- Race/Ethnic Disparities: Other: 45%, White: 62%

(4) Incidents of nonfatal child maltreatment (including physical, psychological, neglect, ect.) per 1,000 children

- California Baseline: 9
- 2022 California Target: 3
- National Baseline: 9.4
- National Target: 8.5
- Race/Ethnic Disparities: Asian/Pacific Islander: 3, African American: 25



Proficient Reading Skills

(5) Proportion of Third Grade Students whose Reading Skills are at or above Proficient Level

- California Baseline: 46%
- 2022 California Target: 69%
- National Baseline: Not Comparable
- National Target: Not Comparable
- Race/Ethnic Disparities: Asian: 69%, Hispanic/Latino: 33%



Childhood Asthma

(6) Emergency Department Visits, 0-17 years due to asthma per 10,000

- California Baseline: 73
- 2022 California Target: 28
- National Baseline: 103
- National Target: Not Available
- Race/Ethnic Disparities:
Asian/Pacific Islander: 28,
African American: 236



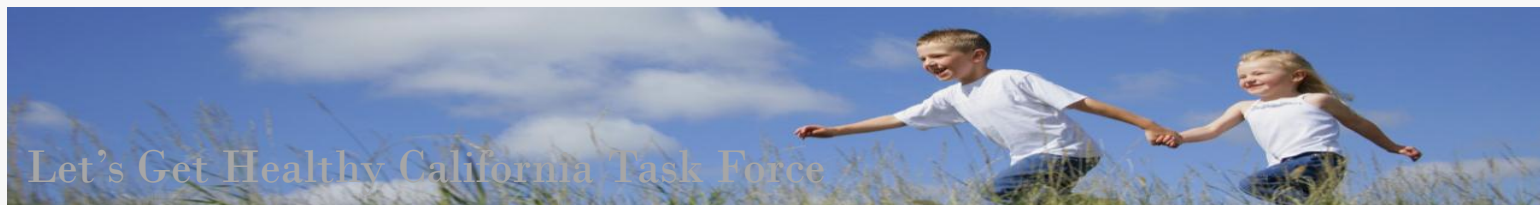
Childhood Fitness and Healthy Diets

(7) Percentage of “physically fit” children who score 6 out of 6 on the required California school Fitness-gram test (grades 5,7,9 respectively)

- California Baseline: 25%, 32%, 37%
- 2022 California Target: 36%, 46%, 52%
- National Baseline: Not Available
- National Target: Not Available
- Race/Ethnic Disparities: White: 36%, Hispanic/Latino: 19%; Asian: 46%, Hispanic/Latino: 25%; Asian: 52%, Pacific Islander: 27%

(8) Proportion of adolescents who meet physical activity guidelines for aerobic physical activity

- California Baseline: 15%
- 2022 California Target: 24%
- National Baseline: 18%
- National Target: 20%
- Race/Ethnic Disparities: African American: 24%, Asian: 9%



Childhood Fitness and Healthy Diets, cont.



(9) Adolescents who drank 2 or more glasses of soda or other sugary drink yesterday

- California Baseline: 14%
- 2022 California Target: 10%
- National Baseline: 20%
- National Target: 16%
- Race/Ethnic Disparities: Asian: 17%, Two or More Races: 38%



Childhood Obesity and Diabetes

(10) Proportion of children and adolescents who are obese (2-5 years, 6-11 years, 12-19 years respectively)

- California Baseline: 12%, 12%, 18%
- 2022 California Target: 9%, 8%, 12%
- National Baseline: 11%, 17%, 18%
- National Target: 10%, 16%, 16%
- Race/Ethnic Disparities:
 - White: 9%, Hispanic/Latino: 15%;
 - Two or More Races: 8%, Hispanic/Latino: 16%;
 - Asian: 12%, Hispanic/Latino: 24%

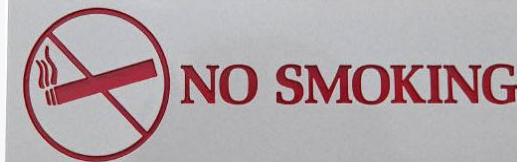
Indicator Development Needed: Diabetes Rates for Adolescents



Adolescent Tobacco Use

(11) Proportion of adolescents who smoked cigarettes in the past 30 days

- California Baseline: 14%
- 2022 California Target: 10%
- National Baseline: 20%
- National Target: 16%
- Race/Ethnic Disparities: Asian/Pacific Islander: 10%, White: 15%



Mental Health and Well-being

(12) Frequency of sad or hopeless feelings, past 12 months (7th, 9th, 11th graders respectively)

- California Baseline: 28%, 31%, 32%
- 2022 California Target: To be determined
- National Baseline: Not Available
- National Target: Not Available
- Race/Ethnic Disparities: To be determined



2. Living Well

Preventing and Managing Chronic Disease

Priority	Indicator
↑ Health status	13. Self-reported health status as good or excellent
↑ Fitness	14. Adults who meet physical activity guidelines
↓ Tobacco use	15. Smoking rates
↑ Controlled high blood pressure and high cholesterol	16. Percent of adults with hypertension who have controlled high blood pressure 17. Percent of adults with high cholesterol who are managing the condition
↓ Obesity and diabetes	18. Obesity rates 19. Diabetes prevalence
↑ Mental health and well-being	20. Proportion of adults and adolescents with a major depressive episode <i>Indicator Development Needed: Effective treatment of depression</i>



3. End-of-Life

Maintaining Health, Dignity and Independence

Priority	Indicator
↓ Hospitalization during the end of life	21. Hospital days during last six months of life
↑ Palliative care	<i>Indicator Development Needed: Rates of palliative care</i>



4. Redesigning the Health System Efficient, Safe and Patient-Centered Care

Priority	Indicator
<p>↑ Access to primary and specialty care</p>	<p><i>Indicator Development Needed: Percent of patients who had difficulty finding a provider</i></p>
<p>↑ Culturally and linguistically appropriate services</p>	<p><i>Indicator Development Needed: Linguistic and cultural engagement</i></p>
<p>↑ Coordinated outpatient care</p>	<p>22. Percent of patients whose doctor's office helps coordinate their care 23. Preventable hospitalizations</p>
<p>↑ Hospital safety and quality of care</p>	<p>24. 30-day all-cause unplanned readmissions 25. Incidence of hospital acquired infections</p>
<p>↓ Sepsis</p>	<p><i>Indicator Development Needed: Sepsis related mortality</i></p>



5. Creating Healthy Communities Enabling Healthy Living

Priority	Indicator
↑ Healthy food outlets	26. Retail Food Environment Index

Health in All Policies



6. Lowering the Costs of Care

Making Coverage Affordable and Aligning Financing to Health Outcomes

Priority	Indicator
↓ People without insurance	27. Uninsurance rate 28. Uninsured at some point in the year 29. Uninsured for a year or more
↑ Affordable care and coverage	30. Percent of population under 65 who spend more than ten percent of income on health care
↑ Rate of growth in health spending in California	31. Compound annual growth rate
↑ People receiving care in an integrated system	32. Percent of people in managed health plans
↓ Transparent information on cost and quality of care	<i>Indicator Development Needed: Transparent information on cost and quality</i>
↑ Payment policies that reward value	<i>Indicator Development Needed: Most care is supported by payments that reward value</i>



V. Catalysts for Change

Exemplary Interventions



Catalysts for Change

- Examples of interventions undertaken by Task Force members
- Some interventions focus broadly on community or health care system change, while others target a specific population, disease/condition, or race/ethnicity
- Provide a sense of the caliber of leadership, spirit of collaboration, and sense of innovation that define California
- Launching pad for success over the next decade



Exemplary Interventions: Healthy Beginnings

1. Immunization Education of Health Care Providers (Fresno County Department of Public Health)
2. Immunization Registry with Electronic Medical Records (Fresno County Department of Public Health)
3. The Center for Youth Wellness
4. Alliance for a Healthier Generation (Anthem Blue Cross)
5. HealthCorps® (Anthem Blue Cross)
6. Children's Power Play (California Department of Public Health and the Public Health Institute)
7. Youth Empowerment Initiative (California Department of Public Health and the Public Health Institute)

